



TE AWA
Lifecare Village

TE AWA

June 2026

PARTYLINE



A word from Nikki

With Fieldays now behind us, we certainly couldn't complain about the weather—it really turned it on. Since then, though, it's been a bit of a mixed bag with frosty mornings, sunshine, showers and everything in between. That's a Waikato winter for you!

Despite the changing weather, there's been plenty happening. Our adorable ducklings continue to delight residents and staff alike as they wander around the village, and we're also looking forward to the possibility of welcoming a few lambs in the coming months after our ram paid his annual visit.

Stage 3 is continuing to take shape, with the concrete now poured to connect the roadway—another exciting milestone as the village grows.

Our on-site nurse clinic has been extremely popular, providing residents with convenient access to healthcare without the need to head into town.

Connagh and I attended an educational seminar in Auckland focused on audits within the retirement village sector. It's always valuable to keep up to date with industry developments and bring new knowledge back to Te Awa.

Around the grounds, most of the deciduous trees have now dropped their leaves, although a few along the centre of the property have only just decided to change colour. Our gardeners will no doubt be eyeing them up, knowing there's one more round of leaf collecting still to come!

We're looking forward to another busy month ahead and, as always, thank you for being part of our wonderful Te Awa community.

Thanks - Nikki



A journey through motoring and farming history"

There's something special about the Ross Bros Museum in Hautapu. It's the kind of place you can visit time and time again and still discover something new around every corner.

A group of Te Awa residents enjoyed a recent outing to the museum, where the impressive collection sparked plenty of conversation and fond memories. The heavy machinery, vintage tractors and trucks transported many back to their farming days, with stories flowing about machinery they'd driven, and how much things have changed over the years.

Stepping into the classic car collection was like entering another era.

Beautifully restored muscle cars, race cars and vintage vehicles sit alongside nostalgic memorabilia, creating a journey through motoring history that's

just as fascinating as the machinery hall. The museum's thoughtfully curated displays continue to evolve, meaning every visit offers something different to discover.

Outings like these are about so much more than sightseeing. They encourage reminiscing, conversation and connection, while providing opportunities to revisit treasured memories and share life experiences with others. Judging by the smiles and stories on the trip home, the Ross Bros Museum delivered all of that—and we're sure it won't be our last visit.

Te Awa Lifecare Village | 7 Arikirua Lane, Cambridge
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Events to watch out for in July



Monday 6 July 10.30am-12 Noon

Cambridge Stud Heritage Museum Trip

Discover the remarkable story of Cambridge Stud, one of New Zealand's most celebrated thoroughbred breeding operations. Explore fascinating displays, racing memorabilia and the legacy of champion horses and the people behind them. Whether you're a racing enthusiast or simply love local history, this promises to be an enjoyable and informative outing.



Thursday 9th July - 4.30-7.30pm

Happy Hour followed by Matariki Potluck Dinner

Join us at the Woolshed for a Pot luck dinner to celebrate Matariki.

Te Awa will provide the glazed ham and fresh roles for everyone.

We're asking for those who wish to attend this celebration to bring along a side dish of your choice - eg potato bake, moast vegetables, salad or dessert



Fri 14th Aug 4:30pm - 6:00pm

Peak Season Social

Shake off the winter chill and join us for an evening of great company, live music, delicious food and warming winter drinks. Tickets are \$20 per person and include dinner and beverages. Care residents dine free. Please book with the Concierge Team by 7 August to secure your place.



A standing ovation for Waikato's new concert venue

Back in May, a group of 13 Te Awa residents enjoyed a memorable evening attending the New Zealand Symphony Orchestra's sold-out performance at Hamilton's impressive new BNZ Theatre.

While many were looking forward to the music, the evening also provided an opportunity to experience the theatre's much-talked-about acoustics. For one resident with a keen interest in performance venues, it was the ultimate test – could the new theatre successfully transform from a performance space into a world-class concert hall?

The verdict was an emphatic yes.

The orchestra's sound was beautifully projected throughout the auditorium, thanks to the theatre's sophisticated acoustic design. A suspended sound shell, complete with individually adjustable wooden panels, together

with specially positioned acoustic panels behind and beside the orchestra, created an exceptional listening experience.

Although Te Awa's Partyline newsletter had previously featured the new theatre, this visit confirmed just how remarkable the venue truly is. In fact, some believe the Waikato can now proudly boast one of the finest concert auditoriums in New Zealand.

Most importantly, the Te Awa residents were absolutely delighted by the evening. The combination of outstanding music, exceptional acoustics and wonderful company made it a truly unforgettable outing.

The littlest locals

Life at Te Awa may have grown from an old farm into a vibrant village, but the animals still like to remind us who was here first! Our newest little residents are a delightful family of ducks, proudly escorting their fluffy ducklings around the grounds as if they own the place. Whether they're waddling across the lawns, paddling through puddles or carefully rounding up their tiny brood, they've become a daily source of entertainment—especially for our care residents, who never tire of watching their charming antics. Sometimes it's the smallest visitors who bring the biggest smiles.





Winter wheels keep turning

There is something rather special about a crisp Waikato winter's morning, and the Te Awa Bikers made the most of one recently as they headed out for another of their regular adventures.

Wrapped up against the chilly air, the group enjoyed a beautiful clear, calm and sunny morning, with just a few wisps of fog lingering across the landscape to remind everyone that winter had well and truly arrived.

One of the highlights of the ride was stopping at the newly opened Te Awa Rise Bridge, which links the Cambridge Park and Te Awa Rise subdivisions. Officially opened just last week, the bridge provided the perfect backdrop for a well-earned break and plenty of conversation before the group continued on.

The ride also took the cyclists to the top of Redoubt Road off Maungatautari Road, where they were rewarded with stunning views across the surrounding countryside. While the temperatures were certainly brisk, the sunshine and good company more than made up for the frosty start.

Regular bike rides like these are a wonderful way for residents to stay active, enjoy the outdoors and, most importantly, share plenty of laughs along the way. As every Te Awa Biker will tell you, there's no such thing as bad weather—just another excuse to add an extra layer!

INTRODUCING

Liza Alexander

Registered Nurse



Since joining the Te Awa Lifecare team as a Registered Nurse on 11 April 2023, Liza Alexander has become a familiar and much-loved face among residents and colleagues alike.

Originally from Kerala, India, Liza studied nursing in Mumbai and spent many years working in busy hospital environments where no two days were ever the same. While the experience was invaluable, life was often fast-paced and demanding. After carefully considering the move for several years, and with family already living in Hamilton, Liza made the decision to immigrate to New Zealand six years ago.

Like many internationally qualified nurses, she completed her Competency Assessment Programme (CAP) before settling into life in Hamilton and beginning her New Zealand nursing career.

Earlier this year, Liza returned to Kerala, India for a very special occasion – her wedding to Eldho. The couple are excited to begin this next chapter together in New Zealand and are looking forward to exploring more of the country they now call home.

When she first arrived, Liza embraced adventure, ticking off experiences such as river rafting and ziplining in Rotorua, and even skydiving in Taupō. While she is pleased she challenged herself, she laughs that once was probably enough!

One of the things Liza appreciates most about working at Te Awa is the sense of balance. "People here take time for one another," she says. "Residents and staff are warm, friendly and welcoming. There is a peacefulness about life here."

Outside of work, Liza describes herself as a homebody who enjoys keeping her home organised and welcoming. While neither she nor Eldho are particularly enthusiastic cooks, they have enjoyed trying some Kiwi favourites – although a recent brisket earned only an "okay" review!

Looking ahead, the couple hope to welcome their parents from India for a visit and continue building their life together in New Zealand.

From our Care Centre



Keeping busy, keeping connected

Winter might keep us indoors a little more, but there's certainly no shortage of activity in the Care Centre! The past month has been packed with laughter, creativity, friendly competition and wonderful opportunities for connection.

One of the highlights was welcoming students from St Peter's Cambridge. They quickly became part of the Te Awa family, joining residents for games of bocchia, board games and baking delicious cheese scones—some perhaps a little more generous with the cheese than others! For a few students, it was an especially meaningful visit as they were able to spend time with grandparents who call Te Awa home.

Our activity programme has continued to offer something for everyone. Residents have enjoyed getting creative with clay, designing colourful bracelets and necklaces, testing their taste buds with a blind jelly bean challenge, and showing off their flair during our "Pimp My Ride" sessions, where walkers and mobility scooters

received a colourful makeover. Our interactive games remain a firm favourite, encouraging movement, friendly rivalry and plenty of smiles.

Of course, the classics are just as popular, with Happy Hour, sing-alongs around Jill's piano, exercise sessions with Tanya, Ladies' and Men's Chats, Wheel of Fortune and Jeopardy all continuing to bring residents together.

Looking ahead, July promises even more fun as we celebrate Matariki with flax weaving, shell decorating and hearty homemade soup. We'll also be hosting our own Commonwealth Games-inspired events, including javelin, shot put, indoor bowls, target shooting, table tennis and even a mobility scooter obstacle course! We'll round out the month with another visit



Betty with her granddaughter, a student visitor from St Peter's School.

from the wonderful St Peter's students. With so much happening, there's truly something for everyone—and before we know it, we'll be one month closer to spring.

Scan the QR code for Care Centre calendar

