



TE AWA
Lifecare Village

TE AWA August 2024 PARTYLINE



Message from Nikki

Well here we are in August and not long until Christmas!

My surgery and recovery has gone very well and I am back at work part time and hope to be back full time the week of 19th August. Thank you to all of you who have taken the time to talk and message me asking how my recovery has been going. And yes – I am doing as I am told and taking it easy!

There has been some winter illness around that has hit some of our staff hard. Mandy and myself have been ok – we move too fast for bugs to catch us! Please keep up with your vitamin C and other remedies to keep yourself well. A reminder that if you are unwell and need assistance to let me know.

There have been a few tired looking people about – I suspect the Olympics is playing havoc with sleep patterns as if you are anything like me – I have been setting alarms at all hours of the night to get up and watch. The speed climbing and the kayak cross have been my favourites to watch and of course the womens 7s rugby.

The Care Centre is buzzing with excitement as residents enjoy the Olympic Games set up by Tracy and the care staff. These activities are boosting wellbeing and bringing lots of fun, fostering a vibrant community spirit. Everyone is looking forward to the upcoming scooter obstacle course, promising more friendly competition.

A gift of compassion from the craft ladies

The Village Craft ladies have bestowed a beautiful and meaningful gift upon Te Awa Care Centre—a handcrafted quilt, meticulously created to provide dignity to those who have passed away.

This quilt will be used to cover residents as they await their next journey, ensuring they are treated with the utmost respect and care during this sensitive time.

The dedication and compassion of the Craft ladies are evident in every stitch, reflecting their deep empathy and connection to our community.

Their thoughtful gesture not only honours those who have left us but also brings comfort to their families and friends, knowing their loved ones are being treated with reverence.

This quilt represents more than just a cover; it symbolises the love, care, and community spirit that define Te Awa Lifecare Village.

We are extremely grateful to the Craft ladies for their generosity and the beauty they have brought into our village.



Shirley with the beautiful gifted quilt

In brief

New footpath unveiled

The new footpath has been unveiled and is being enjoyed by many people. The bench seat along the path is frequently occupied by those watching the world go by. The far end of the path will be completed once the new driveway is installed.

Welcome to our new chefs: Noom and AK

The kitchen team have welcomed two new chefs, Setthawutt (aka Noom) and Ankit (aka AK), who have added their own touches of delicacy and taste. Noom is from Thailand and AK is from India. They have both completed their orientation and are integrating well with the rest of the team. You may

have noticed some extra special lunch menu items—I highly recommend the Thai green fish curry and the spring rolls! We're eagerly awaiting a delicious Indian curry, so hopefully AK reads this!

Village security reminder

Last week, we had an "unwanted visitor" at our village, with a suspicious individual wandering our hallways. This incident serves as a reminder to remain vigilant about who you see around our facility. If you encounter anyone who seems out of place or needs assistance, please approach them and ask whom they are visiting. If you notice any suspicious behaviour, immediately contact myself, Mandy, or Terry—do not wait until the next day.



Rhubarb Compote

Ingredients:

- 4 cups rhubarb, chopped into 1-inch pieces
- 1/2 cup sugar (adjust to taste)
- 1/4 cup water
- 1 tsp vanilla extract (optional)
- Zest of 1 orange (optional)

Instructions:

1. In a medium saucepan, combine rhubarb, sugar, and water.
2. Bring to a simmer over medium heat, stirring occasionally.
3. Cook for about 10-15 minutes, until the rhubarb is soft and starts to break down.
4. Stir in the vanilla extract and orange zest, if using.
5. Remove from heat and let it cool slightly before serving.

Serving Suggestions:

Serve warm or chilled over yoghurt, ice cream, pancakes, or oatmeal.

Enjoy your delicious rhubarb compote!

Special Interest Groups contact persons:

Arnold Society - Malcolm Baigent 021 473 860

Bowls - Harley Bowler 07 827 4064

Craft Group - Shirley Giltrap 027 484 7499

Croquet - Helen Hicks 027 222 7491

Cards - Helen or Mary Collins 0272 884 925

Library - Heather Harvey

Mahjong - Diana Dunn 027 268 7840

Quiz - Valerie Speirs 021 176 6739

Walking Group - Doug Arcus



Valerie discovered in conversation with Village friends in Hamilton that there is a very active inter-village quiz competition in the city and she thought “why not for Cambridge?”.

So by way of making a start, we have sent the following proposal to Resthaven, Summerset, Ryman, The Oaks, Lauriston Park and St. Kilda.

The response so far is good with four villages keen and two still to reply.

Draft Proposal:

- Frequency - suggested three-monthly
- Venue - each Village hosts in turn
- A quiz master from the host village to set the questions in confidence but may not compete on their own team.
- Team size - suggest four members - small enough to consult closely and yet talk quietly.

- Host village to provide afternoon tea (opportunity to meet and greet)

To start the process, we, at Te Awa, have invited team from each of the villages to join us in ‘The Woolshed’ on Wednesday 18th September.

With a greet at meet at 2.30pm over a cup of tea (courtesy of Te Awa), the quiz is to begin at 3pm.

At the end of the quiz, there should be time to review a few opinions and suggestions from the group.

We’ll keep you up to date on progress- Malcolm

Note: The building is going up so quickly - these shells now have roofs on them!



Village Construction Update

We appreciate our residents' patience as construction progresses around the village. Despite the wet weather creating more mud than dust, work continues at a steady pace.

The roof on RD4 is now complete, allowing interior work to commence. There are currently numerous contractors on-site, ensuring the project stays on track. Additionally,

construction on the new entrance to Te Awa is well underway, with changes anticipated once the new road alignment is finished, expected later this year.

An evening to remember

On Wednesday 28th July was a Village dinner with a difference. From 4.30 until 6 pm we were entertained by local singer, Lisa Lorell.

Lisa has sung on the musical stages in UK, Australia and NZ, especially in musical theatre, for over 20 years.

So, not only does she master multiple musical genres, but the quality and range of her voice is remarkable.

Lisa sang for us a couple of operatic arias a capella, songs from musical shows, and jazz and folk numbers, seamlessly backed by background recorded instrumental tracks.

She sang songs from Phantom of the Opera, My Fair Lady and Les Miserables.

Her warm personality and sense of humour shone throughout as she held us, her audience, in the palm of her hand, sometimes laughing and sometimes even shedding a tear.

When she perched briefly on Neil Batchelor's lap during a particularly raunchy number, Batch's cheeks turned crimson- the first time we had ever seen him blush! He was so taken that he rose to propose a vote of thanks to Lisa, warmly applauded by us all.

Our musical appetite thus satisfied, we feasted on a pork belly dinner and tasty dessert, a fine conclusion to a delightful evening.

The Care Centre residents had a memorable evening recently, starting with a delightful performance by Alan Sayers, who entertained everyone with music from the 50s, 60s, and 70s. There was plenty of toe-tapping, air guitar, and singing along, as residents enjoyed their wine and nibbles.



Rest and Remember

Barbara Edgecombe has commissioned a wooden bench seat from Black Dog furniture on which is a plaque in memory of her late husband, Grant.

She is keen to have this placed along the curved path leading from Horseshoe Bend up to Aspen Lane, so that residents and visitors can rest, admire the view, and perhaps remember our much-loved Grant.

The exact siting is yet to be settled, but meanwhile grateful thanks to Barbara for this special gift to our village.

Malcolm



From our Care Centre



Badminton



Alan Sayers took us on a nostalgic journey with his guitar, playing hits from the 50s, 60s, and 70s



Badminton fun, no standing required!



Bruce won Gold for Table Tennis



Badminton: Stu winning Gold - Silver to Noeleen and Dorothy was awarded the Bronze



Cheers to Happy Hour on a Friday



Jeopardy on a Friday - always a hit



Belle and her mum, Pam, in splendour

A month of Olympic spirit and excitement

August has been a whirlwind of activity for the residents of Te Awa Lifecare Village as they embraced the spirit of the upcoming Olympics with enthusiasm and creativity.

The lead-up to the games has seen the residents come together to paint Olympic symbols, which now proudly adorn the lounge, setting the stage for a month of friendly competition.

Residents have already enjoyed an Olympics Quiz, as well as lively matches of badminton and table tennis. The excitement continues to build, with the much-anticipated Scooter Obstacle Course, Javelin,

and Shot put events still to come. The energy and camaraderie among the residents and staff have been a joy to witness, with everyone getting into the Olympic spirit.

Even Little Belle, resident Pam's dog, has been an active participant, assisting with painting and making a stylish appearance when Allan Sayers performed in the Main Care Lounge. Fridays have been a special highlight

with Shirley's Jeopardy sessions, offering a fun way to wind down the week before heading into Happy Hour.

Looking ahead, residents are eagerly anticipating Daffodil Day painting in preparation for the annual Daffodil Day and a special brunch on Sunday, 1st September, to celebrate Father's Day with their families.

The vibrant community spirit at Te Awa Lifecare Village truly makes this a place where life is celebrated every day.